

Always Thankful Life Group Questions

1. Scott opened by talking about how his kids did a good job of saying “thank you” when they received something that they had been specifically hoping/asking for (birthday present, Christmas present, etc) but not often for the daily provisions of food and clothing. Have you noticed something similar in yourself toward God? Could you give some examples?
2. How well would you say you are, overall, at recognizing God’s blessings in your life? What are the reasons for your answer?
3. Read 1 Thessalonians 5:16-18. Which of the three charges given by Paul (rejoice always, pray continually, give thanks in every circumstance) seems easiest for you? Which one would you say you struggle with the most? Why?
4. What are some reasons why we can have a hard time with living out the call to rejoice always? Do you agree with Scott’s assertion that rejoicing is not meant to be equivalent to happiness?
5. Scott spoke about two specific reasons why we may not pray continually. First, we don’t want to wrestle with God in prayer because of how it might hurt us. Second, we take our eyes off of God and put them on our problems which causes our problems to feel bigger than God. Which of these do you identify with the most? Is there another reason that you see for not praying continually in your life that Scott didn’t talk about?
6. Scott shared two examples giving thanks in hard circumstances (his aunt’s death and Matthew Henry’s purse being stolen). What are some of your thoughts as you think about finding reasons to give thanks in every situation?
7. Scott ended with three simple ideas of how we can grow in these three areas. Which of these three most needs your attention? Why?
 - a. Focus Your Thinking On Your Salvation
 - b. Train Yourself To Pray About Everything
 - c. Practice Giving Thanks